

Birds Activities for Friday

On the Move

Bird Wing Walk

Experience how birds take flight with your very own set of wings.

Materials:

- Scarves, sheets, or curtains

Instructions:

1. Have your toddler stand with their arms extended straight out (resembling a letter T).
2. Tie several scarves, sheets, or curtains loosely along the length of each arm, with the remaining material hanging down to the ground. be sure to find material that is short enough so that it does not graze the ground.
3. Find some open space & have your toddler run and flap their wings like a bird!

Adventures Online

Interesting Bird Facts

Learn about these fascinating & interesting facts about birds all over the world.

https://www.youtube.com/watch?v=MU6b3u_95Ts

Sensory Time

Birds Nest

How many eggs are in the nest?

Materials:

- Large bin
- Shredded or torn paper
- Plastic eggs
- Assorted plastic birds

Instructions:

1. Add plastic eggs and birds to the large bin.
2. Cover the eggs & birds in the bin with shredded paper.
3. Have your child sort the plastic eggs & birds by color & size.

Story Time

There Is a Bird on Your Head

Gerald discovers that there is something worse than a bird on your head...two birds on your head!

Read Aloud: <https://www.youtube.com/watch?v=F5Oca4vkQfQ&feature=youtu.be>

Arts and Creativity

Paper Plate Chick

Nothing says spring, like a chirping chick!

Materials:

- Paper plate
- Crayons/markers
- Glue/stapler
- Scissors
- Construction paper/white paper

Instructions:

1. Cut out two "L's" for the chick's legs, two circles for the eyes, a triangle for the beak and an oval for the wing.
2. Cut your paper plate in half, to make the chicks body.
3. Color your paper plate and create the chick's beak, eyes, wing, and legs with construction paper or by coloring white paper.
4. Glue the chick's legs and beak in the back of the paper plate. (The tip of your triangle will be the tip of the beak and when you look at your chick from the front the tip should be sticking out. Your chick legs should be at the bottom and look like a "L" from the front.)
5. Glue your eyes on the front of the paper plate close to the side of the paper plate.
6. Glue your wing on the front of the paper plate in the middle of the chick's body.
7. Start chirping around with your "Paper Plate Chick".